





FEMININE CURRENT MASTERY

WHAT TO EXPECT WHEN SHE'S CYCLING

	RED FLAG	YELLOW FLAG	GREEN FLAG	BLUE FLAG
REST 	<ul style="list-style-type: none"> lots of rest leave her alone 	<p>Medium need for rest, but still there</p>	<p>She's back! She can handle almost anything</p>	<p>Her energy is still good but declining gradually</p>
TALK 	<ul style="list-style-type: none"> Your time to do more talking, she'll listen She will be more quiet She would seem rational 	<ul style="list-style-type: none"> She would be impatient Flirting but not ready for intercourse yet. 	<ul style="list-style-type: none"> She is chatty Your time to listen! 	<p>She would be:</p> <ul style="list-style-type: none"> Snappier No BS Cynical Rational, logical Short tempered
CHORES 	<ul style="list-style-type: none"> Ask "how can I support you today?" Step in, step up Ask "what do you need?" 	<p>Help her with household stuff, kids, dishes, etc. This is your time to be king!</p>	<p>She's good on her own most times.</p>	<p>She's still able to manage things, but starting to need more help. be a king!</p>
SEX 	<p>No sex! She's restoring. Use this time to connect on an emotional level</p>	<ul style="list-style-type: none"> Only flirting Go out on dates Buy her a massage (for you too) 	<p>Yes! Time to play.</p>	<p>Yes! Time to play (you might notice less frequency)</p>